

RSHE year by year lesson content – Year 2

YEAR 2		
Autumn Term		Spring Term
Me and My Relationships	Valuing Difference	Keeping Safe
Lesson Plans Our ideal classroom (1) Our ideal classroom (2) (OPTIONAL) How are you feeling today? Let's all be happy! Being a good friend (Updated 17 Mar 2026) Types of bullying (Updated 17 Mar 2026) Don't do that! (Updated 17 Mar 2026) Bullying or teasing? (OPTIONAL) (Updated 17 Mar 2026)	Lesson Plans What makes us who we are? (Updated 17 Mar 2026) My special people (Updated 11 Aug 2025) How do we make others feel? When someone is feeling left out An act of kindness Solve the problem	Lesson Plans Harold's picnic (Updated 11 Aug 2025) How safe would you feel? (Updated 20 Jan 2026) What should Harold say? I don't like that! Fun or not? Should I tell? (Updated 11 Aug 2025)
Spring Term	Summer Term	
Rights and Respect	Being my Best	Growing and Changing
Lesson Plans Getting on with others (Updated 17 Mar 2026) When I feel like erupting Feeling safe (Updated 11 Aug 2025) Playing games (Updated 12 Aug 2025) Harold saves for something special (Updated 07 Apr 2026) Harold goes camping (OPTIONAL) (Updated 07 Apr 2026) How can we look after our environment? (Updated 11 Aug 2025)	Lesson Plans You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom What does my body do? My body needs... (OPTIONAL) (Updated 05 Mar 2026) Basic first aid	Lesson Plans A helping hand Sam moves away Haven't you grown! My body, your body (Updated 01 Apr 2026) Respecting privacy (Updated 11 Aug 2025) Some secrets should never be kept